



EL CHARRÚA

R E S T A U R A N T E ♦ P A R R I L L A



El nombre Charrúa proviene de los aborígenes del territorio delimitado por el Río de la Plata y el Río Uruguay, los que habitaron también en zonas meridionales de la Mesopotamia Argentina y quizás zonas costeras del Río Paraná Medio.

Fueron, junto a los Chanaes, los Guenoas y los Yaros, los primeros habitantes históricamente conocidos de las tierras del actual territorio de Uruguay.

La macro-etnia Charrúa, tenía el nivel cultural de los cazadores superiores, canoeros y pescadores.

Esta cultura se quiere transmitir en el restaurante El Charrúa, donde el uruguayo José Ramenghi, adecuó ambientes que nos permite sentirnos como parte de esta. La excelencia en la caza de esta cultura se

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restaurante. Además, se mezcla modernidad y un
sentido acogedor en el local.



entradas

STARTERS

CHAMPIÑONES RELLENOS
Stuffed mushrooms

S/. _____

CHAMPIÑONES AL AJILLO
Garlic mushrooms

S/. _____

CHICHARRÓN DE POLLO
Deep fried breaded boneless chicken bites

S/. _____

CARPACCIO DE LOMO
Beef Carpaccio

S/. _____

CEVICHE DE CHAMPIÑONES
Mushroom ceviche

S/. _____

CONCHITAS A LA PARMESANA
Baked parmesan scallops

S/. _____

EMPANADA
Fried pastry

S/. _____

MUCHAME DE PULPO
Cooked, sliced Octopus in an olive sauce served
with crackers, avocado and tomatoes

S/. _____

PALTA A LA REINA CON POLLO Y CHAMPIÑONES
Avocado stuffed with Chicken and mushrooms

S/. _____

PALTA RELLENA CON LANGOSTINOS
Avocado stuffed with shrimp

S/. _____

RIÑON AL VINO
Kidney w/wine reduction

S/. _____

TARTAR DE TERNERA
Steak tartar

S/. _____

PAPA A LA HUANCAINA
Yellow potaoes with a spicy, creamy sauce

S/. _____

LENGUA A LA VINAGRETA
Tomgue vinaigrette

S/. _____

COCTEL DE LANGOSTINOS
Shrimp cocktail

S/. _____



ensaladas

SALADS

MIXTA CASA
Styled mixed

S/. _____

CESAR
Cesars

S/. _____

PULPO
Octopus

S/. _____

CAPRESSE
Capresse

S/. _____

LUIGGI
Baby American lettuce, arugula lettuce, bacon, onion,
cherry tomato. Dressing with gorgonzola cheese, salt
and white pepper.

S/. _____

CHARRÚA
Variety of lettuce, prosciutto, white onion, cherry tomato,
fresh cheese, grilled chicken, avocado, broccoli and
hearts of palm. Dressing with extra virgin olive oil, salt
and white pepper.

S/. _____

A LA PARRILLA ON THE GRILL

entradas STARTERS

BROCHETA DE POLLO
Chicken kabobs
S/. _____

BROCHETA DE LOMO
Sirloin kabobs
S/. _____

BROCHETA VEGETARIANAS
Veggie kabobs
S/. _____

ANTICUCHO DE CORAZÓN DE RES
Skewered beef heart
S/. _____

ANTICUCHO DE LOMO
Skewered beef tenderloin
S/. _____

ANTICUCHO CHARRÚA
Charrua style anticucho marinated cubes of pork loin, beef tenderloin chicken skewered with pepper, onion and mushrooms
S/. _____

PORCIÓN DE CHINCHULINES
Gust
1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

PORCIÓN DE MOLLEJAS
Sweetbreads
1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

PORCIÓN DE RIÑONES
Kidneys
1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

CHAMPIÑONES A LA PARRILLA
Grilled mushrooms
1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

PORCIÓN DE CHORIZO
Pork sausage
1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

PORCIÓN DE MORCILLA
Blood sausage
1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

PROVOLETAS
Grilled provolone cheese
S/. _____

QUESO PARIA
Grilled Paria chesse
S/. _____

PAMPLONA DE LOMO
Beef pamplona
S/. _____

**ALCACHOFA A LA PARRILLA
CON ESPARRAGOS VERDES Y PIMIENTO**
Grilled artichoke asparagus and green pepper
S/. _____

CHORIZOS FINAS HIERBAS
Sausages fine herbs
S/. _____

HAMBURGUESA AL ESTILO CHARRÚA
"Charrua" hamburger
S/. _____



carnes
ON THE GRILL

LOMO CHARRÚA
Charrua style tenderlion

1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

LOMO FINO
Beef tenderloin

1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

CUADRIL
Rump

1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

CHULETA DE CHANCHO
Pork chop
S/. _____

LOMITO DE CERDO
Pork loin
S/. _____

PECHUGA DE POLLO A LA PARRILLA
Chicken tenderloin
S/. _____

PALLAR DE LOMO DE LA CASA
Charrua style beef paillard
S/. _____

COCHINILLO
Suckling pig
1 porción - one portion para 4 - for 4
S/. _____ S/. _____

PANCETA BB
Baby bacon
S/. _____

SALMÓN
S/. _____

LENGUADO A LA PARRILLA
Grilled sole
S/. _____

COSTILLAR BB
Baby back ribs
S/. _____

{ PARRILLA }

**charrúa
para 2**
MIXED GRILL FOR TWO

1 CHORIZO, 1 MORCILLA,
1 BROCHETA DE POLLO, 1 LOMO
DE CERDO, 1 PICAÑA,
1 EMPANADA, SERVIDO CON
PAPAS FRITAS Y ENSALADA.

1 Pork Sausage, 1 Blood Sausage,
1 Chicken Kabobs, 1 Pork loin, 1 Picanha,
1 Empanada. Served with french fries
and salad.

S/. _____

{ PARRILLA }

**especial
para 4**
MIXED GRILL FOR FOUR

1 ANTICUCHO DE CORAZÓN,
1 CUADRIL, 1 LOMO FINO,
1 PECHUGA, 1 CUY, 2 CHORIZOS,
2 MORCILLAS, 1 BOTELLA DE VINO
ARGENTINO, SERVIDO CON PAPAS
FRITAS Y ENSALADA MIXTA.

1 Skewered beef heart, 1 Cuadril (rum
roast), 1 Tenderloin roast, 1 Alpaca,
1 Deep fried guinea pig, 2 Pork sausages,
2 Pork sausages, 1 Bottle Argentinian
wine. Served with French fries and salad.

S/. _____

carne americana

AMERICAN BEEF CUT

PORTERHOUSE

S/. _____

T-BONE

S/. _____

TOMAHAWK

S/. _____

BIFE ANGOSTO CON HUESO

Striploin

1 porción - one portion 1/2 porción - half portion

S/. _____

S/. _____

ASADO DE TIRA CON HUESO

Short ribs

1 porción - one portion 1/2 porción - half portion

S/. _____

S/. _____

ASADO DE TIRA SIN HUESO

Boneless short ribs

S/. _____

BIFE DE CHORIZO (BIFE ANGOSTO)

Striploin

1 porción - one portion 1/2 porción - half portion

S/. _____

S/. _____

BABY BEEF (BIFE ANCHO)

Rib eye steak

1 porción - one portion 1/2 porción - half portion

S/. _____

ENTRAÑA FINA

Outside skirt

1 porción - one portion 1/2 porción - half portion

S/. _____

S/. _____

PICAÑA

Coulotte steak

S/. _____

VACIO

Thin flank steak

S/. _____

carne argentina

ARGENTINIAN BEEF CUTS

BIFE DE CHORIZO (BIFE ANGOSTO) ARGENTINO

Strip steak argentinian cut

1 porción - one portion 1/2 porción - half portion

S/. _____

S/. _____

BABY BEEF (BIFE ANCHO) ARGENTINO

Argentinian rib eye steak (prime rib)

1 porción - one portion 1/2 porción - half portion

S/. _____

S/. _____

PICAÑA ARGENTINA

Argentinian coulotte steak

1 porción - one portion 1/2 porción - half portion

S/. _____

S/. _____

ENTRAÑA ARGENTINA

Argentinian outside skirt

1 porción - one portion 1/2 porción - half portion

S/. _____

S/. _____

carne wagyu

WAGYU (JAPANESE COW) BEEF CUTS

BIFE ANGOSTO WAGYU

Wagyu striploin

S/. _____

PICAÑA WAGYU

Wagyu Picaña

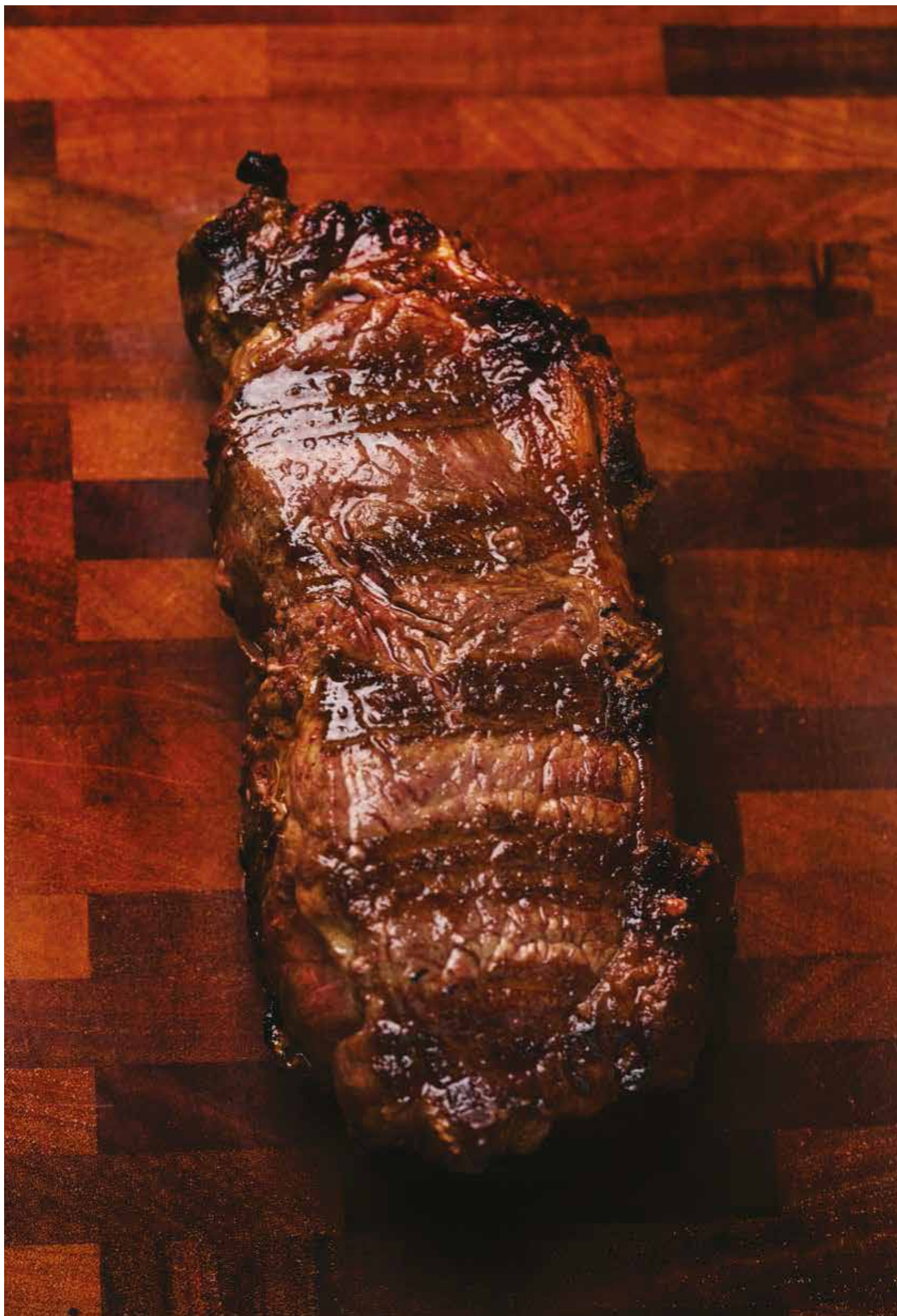
S/. _____

VACÍO WAGYU

Wagyu Thin Flank Steak

S/. _____





especialidades

SPECIALS

PEPER STEAK
S/. _____

LANGOSTINOS JUMBO
Jumbo shrimp
S/. _____

LOMO A LA MILANESA
Beef milanesa
S/. _____

LOMO SALTADO
Peruvian stir-fried beef tenderloin and potatoes
S/. _____

LOMO EN SALSA DE CHAMPIÑONES
Beef tenderloin with mushroom sauce
S/. _____

SÁBANA DE LOMO CHARRÚA
Charrua style tenderloin steak served with bacon
S/. _____

CORDON BLUE DE LOMO EN SALSA DE
CHAMPIÑONES
Beef cordon blue
S/. _____

POLLO A LA PIMIENTA
Pepper Chicken
S/. _____

MILANESA DE LOMO A LA NAPOLITANA
Breaded tenderloin neapolitan
S/. _____

CORDON BLUE DE POLLO EN SALSA DE
CHAMPIÑONES
Chicken cordon blue
S/. _____

SUPREMA DE POLLO
Breaded boneless Chicken
S/. _____

TALLARIN SALTADO CON CONCHAS
Stir-fried noodles with scallops
S/. _____

TALLARIN SALTADO DE LOMO
Stir-fried noodles with beef tenderloin
S/. _____

TALLARIN SALTADO DE LANGOSTINO
Stir fried noodles with shrimp
S/. _____

CUY CON YUCA FRITA EN SALSA
A LA HUANCAINA
Guinea pig served with fried yuca
and huancaina sauce
S/. _____



pastas

PASTA

FETUCCINI AL PESTO
Fetuccini with pesto sauce
S/. _____

FETUCCINI A LO ALFREDO
Fetuccini with Alfredo sauce
S/. _____

CANELONES A LA BOLOGNESA
Caneloni with bolognesa sauce
S/. _____

TORTELLONI DE RICOTTA CON ALCACHOFAS
Tortelloni stuffed with ricotta cheese and artichokes
S/. _____

RAVIOLES DE VERDURAS
Vegetable raviolis
S/. _____

LASAGÑA BOLOÑESA
Bolognesa lasagna
S/. _____

FETUCCINI A LA HUANCAINA
Huancaina's fetuccini
S/. _____

ÑOQUIS
Gnocchi
S/. _____



acompañamientos

SIDE ORDERS

PAPAS FRITAS
French fries

1 porción - one portion 1/2 porción - half portion
S/. _____ S/. _____

PAPA AL HORNO
Baked potatoe

S/. _____

PURÉ DE PAPA AMARILLA
Yellow mashed potatoes

S/. _____

CROQUETAS DE PAPA
Potato croquettes

S/. _____

VEGETALES SALTEADOS
Sauteed vegetables

S/. _____

ARROZ CON CHOCLO
Rices and corn

S/. _____

PAPAS AL HILO
Shoestring potato

S/. _____

AJI, CHIMICHURRI Y OTROS
Chili, chimichurri, apio and others

S/. _____



sopas y cremas

SOUPS

SOPA A LA CRIOLLA
Creole soup

S/. _____

DIETA DE POLLO
Chicken soup with noodles and vegetables

S/. _____

CREMA DE ESPÁRRAGOS
Cream od asparagus soup

S/. _____

CREMA DE CHAMPIÑONES
Cream of mushrooms soup

S/. _____

CREMA DE CHOCLO
Cream of corn soup

S/. _____

CREMA DE ZAPALLO
Pumpkin cream soup

S/. _____

SOPA DE CEBOLLA
Onion soup

S/. _____

postres

DESSERTS

POSTRES AL ESCOGER
Choice of desserts

S/. _____

VIGILANTE
Quartirolo chesse with quince paste

S/. _____

CREP'S SUZETTE
Pancake with caramel and butter sauce

S/. _____

VOLCÁN
Molten chocolate lava cake served with vanilla ice cream

S/. _____

PANQUEQUE ACOMPAÑADO CON HELADO
Pancake with ice cream

S/. _____

PIE DE FRUTAS SECAS

Dried fruit pie

S/. _____

TRAVESURAS

Brownie with vanilla ice cream

S/. _____

TENTACIÓN

Mint chocolate chip ice cream cake

S/. _____

SOUFLE GRAND MARNIER

Grand marnier soufflé

S/. _____

TIRAMISÚ

traduccion

S/. _____

CHEESCAKE DE FRESA

Mixture of soft, fresh chesse with strawberry

S/. _____

CHESSCAKE DE CHOCOLATE

Mixture of soft, fresh chesse with chocolate

S/. _____

CHESSCAKE DE OREO

Mixture of soft, fresh chesse with oreo

S/. _____

CHESSCAKE HORNEADO

traduccion

S/. _____

ALFAJOR

Two round sweet biscuit with dulce de leche

S/. _____

MOUSSE DE FRESA

Strawberry mouse

S/. _____

MOUSSE DE CHOCOLATE
CON LÚCUMA Y PECANAS

Chocolate mousse with lucuma and pecans

S/. _____

CREM BRULÉ

Burnt cream / Trinity cream

S/. _____

HELADOS

Ice cream

S/. _____



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- PIE DE FRUTAS SECAS

Dried fruit pie

S/. _____

TRAVESURAS

Brownie with vanilla ice cream

S/. _____

TENTACIÓN

Mint chocolate chip ice cream cake

S/. _____

SOUFLE GRAND MARNIER

Grand marnier soufflé

S/. _____

TIRAMISÚ

traduccion

S/. _____

CHEESCAKE DE FRESA

Mixture of soft, fresh chesse with strawberry

S/. _____

CHESSCAKE DE CHOCOLATE

Mixture of soft, fresh chesse with chocolate

S/. _____

CHESSCAKE DE OREO

Mixture of soft, fresh chesse with oreo

S/. _____

CHESSCAKE HORNEADO

traduccion

S/. _____

ALFAJOR

Two round sweet biscuit with dulce de leche

S/. _____

MOUSSE DE FRESA

Strawberry mouse

S/. _____

MOUSSE DE CHOCOLATE
CON LÚCUMA Y PECANAS

Chocolate mousse with lucuma and pecans

S/. _____

CREM BRULÉ

Burnt cream / Trinity cream

S/. _____

HELADOS

Ice cream

S/. _____

